

advocate \* educate \* interpret \* participate \* rehabilitate \* revegetate

# Clean Up A ustralia Day Sunday 4 March



The MPCCC staff members would be delighted to see you at one of the seven Clean Up sites along the Moonee Ponds and Westbreen Creeks. Why not come along and join in to help clean up the creek and connect with your local community.

#### Flemington & North Melbourne

10am to 2pm

Clean up along 4km of the Moonee Ponds Creek

Strathnaver Reserve in Strathmore and John Pascoe Fawkner Reserve in Oak Park

10am to 12pm

Westbreen Creek in Pascoe Vale

With the Friends of Westbreen Creek 10am to 12pm

#### Jacana Wetlands in Glenroy

With the Friends of Jacana Wetlands 10am to 12noon

#### **Docklands**

With Melbourne City Council 10am to 12.30pm

#### Westmeadows

With the Friends of Upper Moonee Ponds Creek 9am to 11am

#### Greenvale Reservoir Park

With Hume City Council 10am to 1pm

Turn to page 6 for further details on how you can help clean up the Moonee Ponds Creek.



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acts as a champion for the Moonee Ponds Creek and its tributaries. Members of the MPCCC include the Cities of Melbourne, Moonee Valley, Moreland and Hume; the Friends of Moonee Ponds Creek; and representatives from the community.

The Moonee Ponds Creek flows 68km from Yuroke in Melbourne's north-western suburbs past Melbourne Airport through the municipalities of Hume, Moreland, Moonee Valley and Melbourne, along the Tullamarine Freeway, through the Docklands and into the Yarra River to Port Phillip Bay. The five tributaries of the Moonee Ponds Creek are Greenvale, Attwood, Yuroke, Westbreen and Five Mile Creeks

Our aim is to encourage an understanding and connection to the Moonee Ponds Creek and its tributaries; to highlight its values through education, interpretation and hands-on participation; and to revegetate and rehabilitate the Creek and its tributaries.

The MPCCC co-ordinates various programs. "Creating Creek Communities" invites and encourages the community to become involved in revegetation and other fun activities along the banks of the Creek. "CityLink Creek Connections" aims to engage and inform groups that don't traditionally get involved in environmental education. The Bushland Team maintain, restore and rehabilitate various revegetation and remnant sites along the Moonee Ponds Creek within the City of Moreland. The MPCCC also participates in Clean Up Australia Day and community festivals.

Moonee Ponds Creek Co-ordination Committee

PO Box 2170, Greenvale 3059

Phone: 9333 2406 Fax: 9333 2413 coordinator@mpccc.org www.mpccc.org



Co-ordinator: Heather Holder
Education & Interpretation Officer: Bronwyn Riddell
Greening Officer: Stephanie Spathis
Newsletter Editor: Debbie Farmer
Bushland Team Member: Grant McAdam

Planting Supervisors: Elissa Simmons, Michael Cincotta

and Triona Allen

Finance Officer: Ruth Rankin

The Purple Swamphen is our logo. They love to call the dense, reedy creek edges and wetlands their home. Their long red legs and feet carry them across golf-courses and ovals, whilst constantly flicking their tail. With their scarlet red bills and deep-blue feathers, this waterhen is quite a sight.

This newsletter is proudly printed on M.Real Evolve 100% Recyled paper. Made from 100% recovered paper (post consumer waste), de-inked and bleached (chlorine-free process).

Go to www.evolve-papers.com.

Kindly printed at the electorate office of Kelvin Thomson MP, Member for Wills.

Feedback regarding *Ponderings*, contributions for future issues, mailing list and editorial enquires are welcome anytime. Please contact Newsletter Editor, Debbie Farmer on 9333 2406 or ponderings@mpccc.org.

# welcome

Well, summer is almost over and we are busily planning for the autumn planting season and the many friends group planting days. With continued dry weather we are seeing shorter planting seasons, so this year we will be starting to plant in mid April and continuing through to mid September.

Hume City Council, through their Community Funding Scheme has provided monies to undertake a sensory mapping project. Using the senses of sight, sound, touch, and smell, community members can tell us about their interpretations of the shared pathway. This project provides information for MPCCC to design and install interpretative signage along the shared pathway. The completion of the signage implements the third and fourth priorities of the Interpretation Strategy for the Westmeadows and Upper Moonee Ponds Creek, a strategy which was funded by Cleanaway. We have employed Kirsty Skilbeck for this project and she started in mid February. We welcome her to the MPCCC team. If anyone would like to be involved, and groups are most welcome, to assist with sensory mapping you can contact Kirsty at the MPCCC office on 9333 2406 from 9:30 – 3:30 on Monday or Wednesday.

We currently have Luke Smith undertaking work placement for three weeks. Luke is from Sunbury and studies Natural Resource Management at the University of Melbourne. Luke has been spending time with all staff members to learn about the different roles within MPCCC and the work we are involved in. Luke has been of great assistance to staff at MPCCC helping with small projects and we all thank him for his efforts and wish him well in the future.

We are continuing to undertake fantastic projects that are of benefit to the Moonee Ponds Creek environment. We have recently been successful in receiving funding from the Australian Government, Community Water Fund, Melbourne Water, Port Phillip and Westernport Catchment Management Authority, Fuji Xerox Community Service award and Hume City Council.

Don't forget if you would like to receive *Ponderings* via email, it will save paper and money.

-Heather Holder Co-ordinator

#### MPCCC Member Newsletters and Contacts



The Green Leaflet, quarterly, available via post or email. Mailing list: City of Melbourne on 9658 9658. Environmental and sustainability queries: Gabrielle Stannus, Community Sustainability Officer at gabsta@melbourne.vic.gov.au or 9658 8557.

#### Moonee Valley City Council



Environmentally Speaking, quarterly, available via post or email. Mailing list: Damien Connell, Environment Co-ordinator at dconnell@mvcc.vic.gov.au or 9243 9142. Environmental and sustainability queries: as above.

#### Moreland City Council The Moreland City Council



The Moreland City Council website offers numerous tips and information sources on environmental and sustainability issues. Contact 9240 1167 or info@moreland.vic.gov.au

#### **Hume City Counci**



Eco-Tracks Environment Newsletter, quarterly, available via post or email. Mailing list: Anna Kruk, Environment Administration Officer at annak@hume.vic.gov.au or 9205 2473. Environmental and sustainability queries: Carol Jadraque, Environment Co-ordinator at carolj@hume.vic.gov.au or 9205 2466.

#### Friends of Moonee Ponds Creek

Established in 1997, the Friends contribute to the management, protection, development and use of the Moonee Ponds Creek. Contact the President, Kelvin Thomson MP at Kelvin.Thomson.mp@aph.gov.au.

Your guide to news, events, happenings, information, etc. Contributions are warmly welcomed anytime. Write to MPCCC or ponderings@mpccc.org.

# clippings

### BE ACTIVE IN IMPLEMENTING PRODUCER RESPONSIBILITY

Are you having a clean-up in your home or workplace? Don't want to dump old appliances cleaned out of cupboards?

#### You don't have to. Take action instead.

Make producers responsible for the whole life cycle of their products. Package up old cordless phones, clock radios, hair straighteners/curlers/dryers, power tools, blenders, mixers and milk shake makers and post back with a letter explaining why. You will find a suggested course of action and a sample take-it-back letter to appliance producers on the website, plus helpful steps on how to approach the producers.

Go to www.envict.org.au/inform.php?menu=6&item=1378

#### And remember....

One way to avoid generating future waste and greenhouse gas emissions is to resist the temptation of buying unnecessary electrical or electronic appliances either as presents for others or for yourself.

-Enviroment Victoria. Go to www.envict.org.au

#### Water Smart Gardens and Homes Rebate Scheme

Melbourne water savers can still utilise the Victorian Governments rebate scheme until the 30 June 2007. The program has been extended to this date.

For more information on how you can save money when purchasing water saving products, go to www.ourwater.vic.gov.au



#### **ATTENTION FROG-O-PHILES!**

Ecoresonance is the global hub of virtual ecology, promoting best-practice in sustainable innovation. Simple stories about everyday life and people celebrate the small steps on the journey that is sustainability. Contrary to Kermit's perception, it really is easy being green.

Visit <a href="www.ecoresonance.org">www.ecoresonance.org</a> for free frogmazing ringtones for your mobile. There are also froggy facts about each frog and the threats they face. Also listen to ambient electronica with Australian frog samples.

The 2007 Planting Calendar is located at the back of this edition of *Ponderings*. Please note that the 2007 Planting Season will run continuously from mid-April to mid-September, with no breaks inbetween, due to the continuing dry conditions Melbourne is currently experiencing. If you would like more information, contact Stephanie Spathis, Greening Officer on 9333 2406 or steph@mpccc.org



Do you like to recycle? The Glenroy Lions Club participate in programs that recycle the following donated items.

<u>Eyeglasses</u>: Lions Recycle for Sight program is part of the Lions Club International Worldwide Eyeglass Recycling Programme. Eyeglasses and sunglasses, undamaged plastic or metal frames with both arms attached, prescription and non-prescription, with intact lenses that are not broken or missing lenses are accepted. The glasses are donated to developing countries. <u>Mobile Phones</u>: Phones are donated to elderly community members to use in emergency situations in their homes. Must have charger, do not require sim card. Used Stamps



To arrange collection of your donated items contact Roger Exell on 9370 6436. He will be delighted to speak to you!

### Reflections

### Our beautiful native birds return. Kelvin Thomson reflects on how the creek has changed.

On Saturday morning, 26th August 2006, I rode my bike along the Moonee Ponds Creek bike track from the Gaffney Street footbridge in Pascoe Vale to the Jacana Wetlands and back. In that time I saw 38 different species of bird, 30 of them native to Australia.

The main reason the list is that long is the Jacana Wetlands. Constructed by Melbourne Water several years ago, the wetlands have become a thriving sanctuary for a wide range of waterbirds. Some of them, such as the White-headed Stilt, Purple Swamphen, Hoary-headed Grebe and Grey Teal, are seldom found elsewhere on the creek and probably wouldn't be around to make it onto my list but for the Wetlands.



Grey Fantail



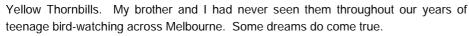
White-headed Stilt

But the other factor now coming into play is the plantings done by the Friends of Moonee Ponds Creek many years ago. My brother and I got

interested in Australian native birds when we were teenagers back at the end of the 1960s, start of the 1970s. At that time we dreamed of attracting native birds back into the suburbs by planting Australian native plants. At first we were pretty fast and loose in what we planted, eg Redflowering Gum (*Corymbia ficifolia*). Later we became more aware of the importance of planting indigenous vegetation. We also moved on from simply planting honey flora for honeyeaters.

And so in the early 1990's the Moonee Ponds Creek Association (since renamed Friends of Moonee Ponds Creek) planted thickets of wattles and other species on the Glenroy side of the creek, just

downstream from the Standard Gauge Railway Line Trestle Bridge. Riding back past one of these thickets, I came across Yellow Thornbills, Eastern Rosellas, Grey Fantails, New Holland Honeyeaters and Silvereyes.





Hoary-headed Grebe

- Kelvin Thomson Federal MP for Wills President, Friends of Moonee Ponds Creek President, Moonee Ponds Creek Co-ordination Committee

## Remnant Restoration

A small grassland remnant along the Moonee Ponds Creek in Strathmore is currently being rehabilitated and restored by the MPCCC Bushland Team. This project has been made possible by funding from the Landcare Grassroots Grant in 2005.



The grassland remnant in Boeing Reserve, Strathmore.

This grassland remnant is one of the very few fragmented remnants within Moonee Valley, and also along the Moonee Ponds Creek. A population of the regionally significant *Enneapogon nigricans* (a tufted perennial tussocky grass) is also found here, along with other native grasses such as Kangaroo, Spear and Wallaby Grasses.

On-ground works have focused on the removal of Fennel and Boxthorn.

A planting day in September 2006 saw community members plant indigenous species on the southern boundary to create a weed-seed buffer for this precious remnant.

e?

Would you like to help protect this special place? Contact Stephanie Spathis, Greening Officer, on 9333 2406 or steph@mpccc.org

# Butterfly Gardening

Butterflies are a welcome addition to any garden, and with a few simple design principles are easily attracted, making that border, nature strip or school garden come to life. There are 80 butterflies in Victoria and 24 in urban Melbourne, - and they are all native, except



Nectar Traps: Colourful, massed beds draw butterflies in and Host Plants: Incorporate host plants for the butterflies to lay her keep them happily moving through the garden. They particularly eggs. The caterpillars are generally few and shy, and won't like blue, yellow and red, but are attracted to a large range of devastate the garden with excessive munching. colours, with bold clusters of flowers more effective than single indigenous plants include Bursaria, Wattles and Spiny-headed plants dotted through a garden.

Flowers: The shape of the flower is important too, with simple, flat flowers easier for butterflies to extract nectar. Double flowers Artificial Feeders: For the craftily minded, artificial butterfly

pelargonium and bluebells, saltbush with pebbles, pieces of plants, and pea flowers are especially sponge or colourful beads. useful.

Position, Position: Butterflies made butterfly nectar. The use the early morning sun to warm butterflies will stand on the  $\frac{1}{2}$  teaspoon castor sugar themselves and retreat to cooler, beads and sip happily. shadier places during the heat of the Remember to clean the dish day. Providing a sheltered position out regularly, and to top up that combines warmth and protection the level of liquid as they

is ideal such as corners and courtyards. Also consider adding could become stuck in the flat rocks for butterflies to bask and to court each other. Water mix with evaporation! can be provided as mud puddles, which can also provide essential salts, or as a dish of damp sand.

Mat-rush, and grasses such as Kangaroo Grass, Wallaby Grass and Tussock Grass.

with their multiple petals are too complex, but daisies, native feeders can be simply made using a colourful plastic plate filled

Fill the dish only to half the depth of the beads with home

Recipe

½ teaspoon honey Pinch of salt 1 cup of water

-Judy Allen

### Weed Removal at Broadmeadows Valley Park

Hume City Council has begun systematic Gorse and Boxthorn removal in areas of Broadmeadows Valley Park (where the Yuroke Creek, a tributary of the Moonee Ponds Creek, flows) using specialist 'groomer' machinery. This specialist machinery can treat large areas of Gorse and Boxthorn at one time by mulching through the plants, leaving only a fine layer of mulch behind. Large Gorse bushes can produce thousands of seeds each year. The seeds have a hard, water-resistant coating which allows them to remain dormant in the soil up to 30 years.

Both weeds make ideal harbour for pest animals such as Rabbits and Foxes. Follow up herbicide applications will be needed to treat regrowth. Some areas of removed Gorse will be planted out with indigenous vegetation.

This is the first stage of removal works with more ongoing Gorse, Boxthorn and other weed control to be undertaken throughout 2007.

-Andrew Dawson, Sustainable Land Management Officer, Hume City Council



Mulched areas can be clearly seen on the left of this photo.

# Clean Up Australia Day Sunday 4th March



In 2006 a staggering 700,000 volunteers removed more than 9000 tonnes of rubbish at over 7,500 sites. In 2007, local residents and friends group members will clean up the Moonee Ponds and Westbreen Creeks at 7 sites. MPCCC staff members would love to see you at one of these sites. Why not come along?

Flemington & North Melbourne with the Friends of

with Socially Active Youth Group Org., Victoria Police, **Essendon Football** Club, Moonee Valley City Council and community and government groups.

10am to 2pm **Flemington** Community Centre Melways: 2A 1D North Melbourne **Community Centre** Melways: 2A D4

Clean up litter, weeds and graffiti. Free BBQ with African food from 1pm onwards.

Train: Flemington Bridge station (2A 1D) on Upfield line.

Car: park at either community centres. Westmeadows

**Upper Moonee Ponds Creek** 

Westmeadows 9am to 11am Melways: 5 J6

Enter site via the reserve on Koala Cres next to house number 40. Meet on the shared pathway.

Car: park on Koala Cres.

Greenvale

Greenvale 10am to 1pm Melways: 179 B4

Meet at the Blue Wren Picnic Area. Enjoy a BBQ lunch after the clean up.

Car: park in the park.

Westbreen Creek

with the Friends of Westbreen Creek

Pascoe Vale 10am to 12pm Melways: 17 A6

Enter site from Northumberland Rd or Cornwall Rd. Meet on the shared pathway at K.W. Joyce Reserve.

Train: Pascoe Vale station (16 K9) on the Broadmeadows line. Walk along Railway Pde to Austin Crescent Reserve and follow the shared pathway to K.W. Joyce Reserve.

Car: park on Northumberland Rd. Clean Up the Wetlands!

with the Friends of Jacana Wetlands

**Glenroy** 10am to 12noon Melways: 6 E11

Enter site next to 60 Moonee Blvd (6 E12) or at the Broadmeadows Sports Club Tabaret (6 E10). Meet under the Western Ring Road bridge.

Train: Jacana Station (6 G11) on the Broadmeadows line. Cross the pedestrian bridge over Pascoe Vale Rd and head down the hill to the wetlands.

Car: park on Moonee Blvd. Strathnaver Reserve and John Pascoe **Fawkner** 

Reserve Strathmore and Oak

10am to 12pm Melways: 16 F6

Meet at the Oak Park Tennis Club, Francis St.

Train: Oak Park station (16 H6) on the Broadmeadows line is a ten minute walk.

Car: park at the North Essendon Athletics Centre. Strathmore (16 E6). Walk across the footbridge. Or park at the Oak Park Tennis Club and in Francis St.

**Docklands** 

with Melbourne City Council

**Docklands** 10am to 12.30pm Melways: 2E B3

Enter at Docklands Drive and follow the shared pathway under the Bolte Bridge on the eastern bank of the creek for approx. 200 metres.

Meet on the creek at the rear of the Docklands Film and Television Studios.

Train: Southern Cross station (2E J5) is close to the site.

Car: park on Docklands Drive.

Don't forget to bring your sunhat, sunglasses, sunscreen, sturdy footwear, safety gloves, drinking water and tongs.

You must sign the volunteer register before beginning the Clean Up. Why not ride your bike to the site or catch public transport instead.

Would you like to join in?

FLEMINGTON & NORTH MELB

Contact Bronwyn Riddell, Education & Interpretation Officer on 9333 2406 or bronwyn@mpccc.org

**ALL OTHER SITES** 

Contact Stephanie Spathis, Greening Officer on 9333 2406 or steph@mpccc.org

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# **Grassland Ecosystems**

Sandy Simpson shares her thoughts on grasslands.

Grassy woodlands or lowland grasslands are sites where trees are usually widely spaced, usually containing some shrubs and where grasses, herbs and lilies constitute the ground flora. Some types of grassy woodlands are Red Gum woodlands, Manna and Swamp Gum woodlands, Sheoke and Grey Box woodlands.

Before agriculture was introduced to Australia, there were two million hectares of lowland grasslands. Today only approximately 0.5% remain, due mainly to settlement and grazing, and with some loss due to the gold rush, and then to urbanisation and industrialisation. Very little is known today about the ecology of grassland ecosystems, therefore restoration of these grasslands is not a simple process. Grasslands normally contain a diverse range of species of plants and animals, however many of the plants were eradicated and resulted in the loss of many native species and the appearance of exotic weeds. The grassland habitat constitutes food and shelter for large and small animals such as lizards and butterflies, and as these wonderful grasslands disappear so does the food supply and the protective habitat. The remaining remnant grasslands are valuable in retaining biodiversity and are unique, rich ecosystems.

-Sandy Simpson



### CityLink Creek Connections Program

The Victorian P-12 Koorie School and Parks Victoria staff enjoyed an afternoon of planting indigenous plants and participated in Waterwatch activities at Woodlands Historic Park. The students will now be regularly monitoring the water quality at Jacana Wetlands. Activities such as this connect the community and create a sense of belonging, linking people with their

environment and with each other.



Hayden
Vandenberg,
Indigenous
Ranger, Parks
Victoria and
students enjoy
the sunshine at
Woodlands
Historic Park.

Contact Bronwyn Riddell, Interpretation & Education Officer, on 9333 2406 or bronwyn@mpccc.org

The Flemington Community Centre is now home to a new community art project: the River Garden Art Project. Debney Meadows Primary School students designed stencils of indigenous plants and animals. Jan Saric, a local artist, and the students transferred these to the garden bed structures.





Grades 5/6 from St. John the Evangelist School made
Creeky Creatures at East Melbourne Library. The
children learnt about macroinvertebrates as indicators
of water quality. The children imaginatively
created their own water bugs with a variety





# seasonal sightings

We welcome all of your interesting faunal and floral observations, be they big or small. If you would like to contribute a sighting, please direct to Debbie Farmer, Newsletter E ditor on 9333 2406 or ponderings@mpccc.org

From the Birdline Victoria website:

www.eremaea.com/Wetlands. BirdlineRecentSightings.

Red-kneed Dotterels. flushing a Glossy Ibis from the thick reeds, Pied),

included over two Reed-warblers and Grassbirds."

Red-kneed Dotterel

(middle of the day) I got 31 species, St, West Brunswick, at the top of the creek From Michael Ramsay, 28/12/06, at Jacana including Baillon's Crake, Little Grassbirds, escarpment (in a house garden, but they Wetlands. "Two Australian Spotted Crakes Yellow-billed Spoonbill (5), Red-kneed had come from the creek). He also found a and a single Baillon's Crake were seen Dotterel (8), Black-winged Stilt (approx 20) recently deceased Stubble Quail, which he feeding on muddy edges, along with two and 1 Pelican. Also there is a pair of Great found next to the creek bike path near A surprise was Cormorants at nest (as well as several Little Dynon Road. (It had no obvious injury). In and big numbers of Purple as well as six Latham's Snipe. Other good Swamphen, Chestnut Teal, Clamorous sightings Reed-warbler and Australasian Grebe."

> Black- Graham Noble has seen at Jacana winged Stilts, Wetlands over the years a Bronze Cuckoo, Great Australian Spotted Crake, Common Sand and Piper and Red-kneed and Black-fronted Clamorous Dotterels. Thanks Graham.

> > Little An exciting sighting of 9 Growling Grass Frogs during Spring 2006 has been recently sent into us. Carolyn Layton recalls seeing the frogs sitting on 'rafts' of green algae in

the bright sun calling to each other. This was in the bottom section of the Yuroke Creek, which is a tributary of the Moonee Ponds Creek in Westmeadows. Thanks Carolyn.

Jan and Alan Flack have had some wonderful sightings. In October 2006 a Common Bronzewing (Pigeon) fed quietly on the ground in a local

From Trevor Manley, 29/12/06, at Jacana schoolground. Alan has seen 3 Yellow-"In about 1.5 hours today tailed Black-Cockatoos at the end of Union November 2006, a Royal Spoonbill was spotted by Alan Flack along the Moonee Ponds Creek near the Bolte Bridge in Melbourne. Thanks Jan and Alan.



Australian Spotted Crake

### out and about

The Southern Night Sky **Experience Royal Botanic Gardens Every Monday evening** 9.00pm-10.30pm

Join the astronomers at the Royal Botanic Gardens as they open up the roof on Melbourne's historic Observatory.

Star gaze with their expert astronomical guides and discover more about the amazing array of stars and planets that light up the southern night sky.

@ Visitor Centre **Observatory Gate** Royal Botanic Gardens Melbourne

9252 2429 Bookings essential

\$15.50 adults, \$11 conc, \$37.50 family

"Enviro Craft" at the Moomba Waterfest Saturday 10 & Monday 12 March 10.00am onwards

Enviro Craft will enhance the water festival by creating a magical environment making thousands of hats and stuff for all ages.

Enviro Craft run workshops in schools, at festivals and parades/ events everywhere. They are dedicated to recycling awareness and offer material kits or workshops for your

@ Alexander Gardens Banks of the Yarra River Melhourne

www.envirocraft.com.au

FREE for everyone

Petty's Orchard Organic Food Fare and Harvest **Festival** Sunday 25 March 10.00am onwards

Petty's Annual Food Fare is back after a two year break. Enjoy great organic food, music, children's activities, as well as the traditional apple tasting (over 200 varieties of heritage apples) and the ever popular tour of the orchard.

@ Petty's Orchard Cnr Monckton and **Homestead Roads Templestowe** 

9846 5339 clander1@bigpond.com

\$5.00 adults Children FREE Yarra River Recovery **Greening Australia** March & April 2007

The Yarra River is a Melbourne icon and the national flagship for the River Recovery program.

Collect seed and propagate plants at Yarra Bend Park in Kew.

Revegetate, plant and restore the riverbank at Loys Paddock in Burnley.

Revegetate and plant at Westgate Park in Port Melbourne.

Contact Kerrie Price on 9450 5322 for dates.

www.greeningaustralia.org.au

FREE for everyone

**CFRFS** Volunteer Program 2007

Volunteers make up a large part of the CERES Community and they welcome you to join their team and work towards environmental sustainability.

**CERES** has many different areas that you can be involved in from working with animals, bikes or plants to helping out with projects or administration.

@ CERES 8 Lee Street **Brunswick East** 

Jenny Whitlock **CERES Volunteer** Program Co-ordinator 9387 2609 volunteer@ceres.org.au www.ceres.org.au